



Simple | Healthy | Delicious

## Chocolate Chia Pudding

### INGREDIENTS

- |                      |
|----------------------|
| 2 cups milk          |
| 1/2 cup chia seeds   |
| 1/2 cup blueberries  |
| 1/2 cup raspberries  |
| 1/2 cup blackberries |
| 2 T cocoa powder     |



### DIRECTIONS:

1. Mix everything up in one big bowl. Stir well and stick in the fridge to set for at least a few hours. Super easy!