



Simple | Healthy | Delicious

Coffee Frozen Yogurt Bark

INGREDIENTS

10 to 12 ounces yogurt of choice

¼ cup coconut flakes

2/3 cup chopped fruit

1 to 2 tablespoons Nature's Earthly Choice™ Coffee Flour

2 tablespoons honey

1 teaspoon pure vanilla extract

1 teaspoon cinnamon



DIRECTIONS:

1. In a bowl, combine all of the ingredients except the fruit. Mix well.
2. Pour into a metal baking sheet and spread into an even layer. Sprinkle the chopped fruit on top, and garnish with more coconut flakes and coffee flour, if desired.
3. Freeze for at least 1 hour or until completely frozen. Break into pieces, and store in the freezer until you are ready to enjoy.