



Simple | Healthy | Delicious

Sorghum Tabouli

INGREDIENTS

¾ cup fresh flat-leaf parsley
3 tablespoons fresh mint
1 scallion
1 clove garlic minced
1 medium cucumber
1 cup grape tomatoes
1 cup cooked Nature's Earthly Choice Sorghum
2 tablespoons olive oil
2 tablespoons fresh lemon juice
½ teaspoon black pepper
¼ teaspoon to ½ salt



DIRECTIONS:

1. To start, prepare the produce by chopping the parsley, mint, and scallions. Add to a bowl along with the garlic then cut the cucumber into ¼" to ½" cubes and quarter the grape tomatoes. Add to the bowl along with the cooked Sorghum. Measure in the olive oil, lemon juice, ¼ teaspoon salt, and pepper. Toss until everything is well combined, taste, and add more salt as needed.