



Simple | Healthy | Delicious

## Vegan Matcha Ice Cream

### INGREDIENTS

- |   |
|---|
| 2 ripe bananas, sliced                                |
| 2 tablespoons Nature's Earthly Choice Superfood Blend |
| 1 tablespoon matcha powder                            |
| 3 tablespoons maple syrup, honey, or coconut sugar    |
| 2 tablespoons milk of choice                          |



### DIRECTIONS:

1. In a food processor or high-powered blender, combine all the ingredients. Give it a taste and adjust the ingredients as necessary.
2. Pour into a freezer-safe container and freeze for 5 hours or until set. Serve with berries or coconut flakes.