



Simple | Healthy | Delicious

Warm and Nutty Cinnamon Quinoa

INGREDIENTS

1 cup organic 1% low fat milk

1 cup water

1 cup organic Nature's Earthly Choice Quinoa

2 cups fresh blackberries, organic preferred

1/2 teaspoon ground cinnamon

1/3 cup chopped pecans, toasted

4 teaspoons organic agave nectar, such as Madhava brand



DIRECTIONS:

1. Combine milk, water and quinoa in a medium saucepan. Bring to a boil over high heat. Reduce heat to medium-low; cover and simmer for 15 minutes or until most of the liquid is absorbed. Turn off heat; let stand covered 5 minutes. Stir in blackberries and cinnamon; transfer to four bowls and top with pecans. Drizzle 1 teaspoon agave nectar over each serving.