



Simple | Healthy | Delicious

## Warm and Nutty Cinnamon Quinoa

### INGREDIENTS

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|---|
| 1 cup organic 1% low fat milk                           |
| 1 cup water   |
| 1 cup organic Nature's Earthly Choice Quinoa            |
| 2 cups fresh blackberries, organic preferred            |
| 1/2 teaspoon ground cinnamon                            |
| 1/3 cup chopped pecans, toasted                         |
| 4 teaspoons organic agave nectar, such as Madhava brand |



### DIRECTIONS:

1. Combine milk, water and quinoa in a medium saucepan. Bring to a boil over high heat. Reduce heat to medium-low; cover and simmer 15 minutes or until most of the liquid is absorbed. Turn off heat; let stand covered 5 minutes. Stir in blackberries and cinnamon; transfer to four bowls and top with pecans. Drizzle 1 teaspoon agave nectar over each serving.