



Simple | Healthy | Delicious

Breakfast Energy Cookies

INGREDIENTS

2 large ripe bananas

1 cup quick-cooking oats

¼ cup Nature's Earthly Choice™ Ancient Grain Flour

¼ cup nut or seed butter

¼ cup dried cranberries

1/8 cup flax seeds

2 teaspoons cinnamon

2 teaspoons nutmeg

1 teaspoon pure vanilla extract



DIRECTIONS:

1. Pre-heat the oven to 350 degrees Fahrenheit. Peel the bananas and mash with a fork.
2. Add the remaining ingredients. If you'd like, add ¼ cup of chocolate chips, coconut flakes, or nuts. Mix well.
3. Prepare a greased baking sheet. Lay out tablespoon-sized scoops, and flatten slightly with your hands. Bake for 15 to 20 minutes or until browned.