

Berry Superfood Smoothie Bowl

simple
healthy
delicious

Ingredients

- *1/3 cup Strawberries*
- *1/3 cup Blueberries*
- *1/3 cup Raspberries*
- *1/3 cup Ice*
- *1/4 cup Coconut Milk*
- *1 tablespoon Almond Butter*

Toppings

- *Strawberries*
- *Blueberries*
- *Raspberries*
- *Banana*
- *Nature's Earthly Choice™ Chia Seeds*

Directions

1. *Add all the ingredients to a blender and mix on high.*
2. *Pour into a bowl or half a coconut, and top with fruit and chia seeds.*

