Farro Salad with Tomatoes and Herbs

simple healthy delicious

Ingredients

- 4 cups water
- 10 ounces Nature's Earthly Choice™ Farro
- 2 teaspoons salt, plus more to taste
- 1 pound tomatoes, seeded and chopped
- ½ sweet onion, chopped
- ¼ cup snipped fresh chives
- ¼ cup chopped fresh Italian parsley leaves
- 1 large garlic clove, minced
- 2 tablespoons balsamic vinegar
- Freshly ground black pepper
- ¼ cup extra-virgin olive oil
- Salt to taste



Directions

- 1. Add the tomatoes, onion, chives, and parsley to the Farro as directed on the package, and toss to combine.
- 2. In a medium bowl, whisk together the garlic, vinegar, salt, pepper, and olive oil. Add the vinaigrette to the salad and toss to coat.
- *3.* The salad can be refrigerated overnight. Bring to room temperature before serving.