

# Kiwi, Pineapple and Chia Seed Smoothie

simple  
healthy  
delicious

## Ingredients

- 2 cups fresh baby spinach
- 1 cup sliced kiwi
- 1 banana, cut up
- ½ cup plain Greek yogurt
- ¼ cup chopped fresh pineapple
- ¼ cup orange juice
- 2 tablespoons Nature's Earthly Choice™ Chia Seeds

Serving for: 2



## Directions

1. In a blender, combine spinach, kiwi, banana, yogurt, pineapple, orange juice and Chia Seeds. Cover and blend until nearly smooth, scraping sides of blender if necessary. Divide smoothie into two glasses and top with additional berries if desired.