



Avocado Quinoa Salad with Balsamic Vinaigrette

Ingredients:

- 1 package Nature's Earthly Choice™ Red & White Quinoa
- 2 ripe avocados, chopped
- 2 cups grape tomatoes, halved
- 2 cups spinach, loosely chopped
- Salt and pepper

Balsamic Vinaigrette

- $\frac{3}{4}$ cup olive oil
- $\frac{1}{4}$ cup balsamic vinegar
- Salt and pepper
- Dash of dried oregano

Directions:

1. In a large bowl, toss the quinoa, avocado, tomato, and spinach. Season with salt and pepper, to taste.
2. In a separate bowl, whisk together the vinaigrette ingredients. Taste and adjust as necessary. Drizzle on top of the salad and serve cold.