

Sunbutter Cups with Dark Chocolate & Hemp Seeds - Vegan & Gluten-free

simple
healthy
delicious

Ingredients

- 1 cup sunflower seed butter (chunky)
- ¼ cup coconut oil
- 1 ½ tablespoon maple syrup
- ¼ teaspoon sea salt
- ¼ cup dark chocolate chips
- 2 tablespoons Nature's Earthly Choice™ Hemp Seeds

Directions

1. Mix sunflower seed butter, maple syrup, coconut oil, and salt together in a bowl.
2. Pour mixture into a lined muffin tin
3. Sprinkle chocolate chips and Hemp Seeds over top and pop into the freezer for about 30 minutes to set.
4. Store in the freezer in a sealed container.

