

# Warm and Nutty Cinnamon Quinoa

simple  
healthy  
delicious

## Ingredients

- 1 cup organic 1% low fat milk
- 1 cup water
- 1 cup organic Nature's Earthly Choice™ Quinoa
- 2 cups fresh blackberries, organic preferred
- ½ teaspoon ground cinnamon
- ⅓ cup chopped pecans, toasted
- 4 teaspoons organic agave nectar, such as Madhava brand

Serving for: 4

## Directions

1. Combine milk, water and Quinoa in a medium saucepan. Bring to a boil over high heat. Reduce heat to medium-low; cover and simmer for 15 minutes or until most of the liquid is absorbed. Turn off heat; let stand covered 5 minutes. Stir in blackberries and cinnamon; transfer to four bowls and top with pecans. Drizzle 1 teaspoon agave nectar over each serving.

