



Quinoa Vegetable Fried Rice

Ingredients:

- ½ yellow onion, diced
- 1 garlic clove, minced
- 2 large eggs, lightly beaten
- 1 package Nature's Earthly Choice™ Red & White Quinoa
- 1 cup frozen mixed vegetables
- 1 cup cabbage, chopped
- 2 to 3 tablespoons soy sauce
- ½ teaspoon grated ginger
- ¼ cup scallions, chopped
- Oil

Directions:

1. In a large pan, warm oil over medium-high heat. Cook the onion until translucent, about 5 to 7 minutes. Add the garlic and cook for 1 minute.
2. Add the egg, scrambling it with a spatula as it cooks, about 3 minutes. Use the spatula to break the egg into smaller pieces.
3. Fold in the quinoa and chocolate chips. Scoop onto the baking sheet, about 2 inches apart. Bake until 10 to 12 minutes or until golden brown.