



## Turmeric Lentil Fritters

### Ingredients:

- 1 package Nature's Earthly Choice™ Great Day Microwavable Lentils
- ¼ teaspoon ground black pepper
- ½ teaspoon salt
- 1 teaspoon ground turmeric
- 1 teaspoon garlic powder
- ½ cup spinach, finely chopped
- ¼ cup + 2 tablespoons breadcrumbs (use gluten-free, if desired)
- 3 tablespoons grapeseed oil or olive oil

### Directions:

1. In a food processor, blend the lentils, spices, and spinach until the lentils are mushy. Add the breadcrumbs and process until incorporated. Form the mixture into bite-sized fritters.
2. In a large skillet, heat the oil over medium heat. Fry the fritters until golden brown, about 3 to 4 minutes on each side. Serve with sour cream or plain yogurt.